

Quiz — Quiz #1

Name: _____ Date: _____ Score: _____/30

MCQ 1. A fully charged electric car battery can _____ 400 kilometres before needing to be recharged.

- a. last up to
- b. consume
- c. continue
- d. struggle

MCQ 2. The new manager stressed that _____ was essential and that meetings would start exactly on time.

- a. punctuality
- b. discipline
- c. hesitation
- d. regularity

MCQ 3. At the end of the performance, the dancers walked to the front of the stage and took a deep _____.

- a. bow
- b. bend
- c. sigh
- d. breath

MCQ 4. The project manager shared the weekly _____ so everyone knew their tasks and deadlines.

- a. schedule
- b. catalogue
- c. agenda
- d. manual

MCQ 5. Not a _____ student in the class had completed the reading before the discussion began.

- a. single
 - b. lone
 - c. partial
 - d. lonely
-

MCQ 6. Volunteering at the local shelter may seem small, but it can truly _____ in someone's life.

- a. make a difference
 - b. take a break
 - c. create noise
 - d. lose interest
-

MCQ 7. The children were so _____ after their lunch break that the teacher struggled to settle them down.

- a. energetic
 - b. lazy
 - c. exhausted
 - d. silent
-

MCQ 8. She joined a gym to improve her overall _____ after years of sitting at a desk all day.

- a. fitness
 - b. weight
 - c. height
 - d. posture
-

MCQ 9. Teenagers who regularly eat _____ food often lack the nutrients needed for concentration.

- a. junk
 - b. organic
 - c. gourmet
 - d. boiled
-

MCQ 10. It can be difficult to stay _____ when you are working toward a long-term goal and progress feels slow.

- a. motivated
- b. annoyed
- c. discouraged
- d. distracted

MCQ 11. Each student's fingerprint is entirely _____, which is why it can be used for identification.

- a. unique
- b. rare
- c. common
- d. blurred

MCQ 12. Smartphones have changed the way an entire _____ communicates, works, and learns.

- a. generation
- b. location
- c. century
- d. population

MCQ 13. The community's _____ during the flood crisis showed how much people can achieve when they work together.

- a. unity
- b. conflict
- c. isolation
- d. competition

MCQ 14. After moving abroad, she often thought about her cultural _____ and the village where she grew up.

- a. roots
- b. future
- c. habits
- d. branches

MCQ 15. It is important to stop and _____ the small moments of joy that make everyday life meaningful.

- a. appreciate
 - b. ignore
 - c. expect
 - d. criticize
-

MCQ 16. Following a consistent bedtime _____ helps children fall asleep faster.

- a. routine
 - b. chaos
 - c. event
 - d. random
-

MCQ 17. The museum's collection includes priceless cultural _____ donated by families across the country.

- a. treasures
 - b. replicas
 - c. trash
 - d. burdens
-

MCQ 18. Living abroad gave him a deeper understanding of Japanese _____, especially its customs and social values.

- a. culture
 - b. weather
 - c. economy
 - d. building
-

MCQ 19. Language plays a central role in shaping a person's cultural _____ and sense of belonging.

- a. identity
 - b. anonymous
 - c. mask
 - d. mystery
-

MCQ 20. The excavation site revealed hundreds of ancient _____, including tools, pottery, and jewellery.

- a. artifacts
- b. sketches
- c. moderns
- d. copies

MCQ 21. The old city centre was declared a UNESCO World _____ Site due to its outstanding historical value.

- a. heritage
- b. nature
- c. business
- d. fashion

MCQ 22. She will always _____ the memories of her grandmother teaching her to cook traditional recipes.

- a. treasure
- b. forget
- c. discard
- d. replace

MCQ 23. The whole town was _____ when their local athlete won a gold medal.

- a. proud
- b. jealous
- c. embarrassed
- d. worried

MCQ 24. Lighting lanterns during the festival is a beloved _____ that has been passed down for centuries.

- a. tradition
 - b. trend
 - c. mistake
 - d. surprise
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MCQ 25. A short walk outside during lunch can help _____ your mind and improve afternoon productivity.

- a. refresh
- b. cloud
- c. confuse
- d. disturb

MCQ 26. Doctors recommend spending at least thirty minutes _____ every day to benefit from natural light.

- a. outdoors
- b. indoors
- c. asleep
- d. alone

MCQ 27. After months of daily exercise, she finally felt she was in the best physical _____ of her life.

- a. shape
- b. opinion
- c. excuse
- d. memory

MCQ 28. Our opinions _____ as each of us has had different experiences.

- a. difference
- b. motivated
- c. last up to
- d. serve

MCQ 29. Hossam showed great _____ by listening to his teacher.

- a. respect
- b. bow
- c. fitness
- d. schedule

MCQ

30. _____ is the quality of arriving at the cooesct time.

- a. Punctuality
 - b. Routine
 - c. Shedule
 - d. Red tape
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